

## **PORTMAN COMMUNITY RECREATION CENTER**

**DULUTH PARKS** Fun Places, Great Spaces!

## September 2014

4601 MCCULLOCH ST, DULUTH MN 55804

Theresa Mellinger - City of Duluth Senior Center Coord. AEOA Senior Dining -Monday or Friday THURSDAY FRIDAY

(218) 390-9429 (218) 727-4321 SATURDAY

SUNDAY	MONDAY	TUESDAY		WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	HOLIDAY	1	2	8:30 UCare Exercise 9:00 Coffee Club	4		5 6
	CENTER CLOSED  7 Porcupine Meatballs		0	3.00 Collee Club	11	12:30 Bingo	12 13
	Cinnamon Applesauce	•	9	10	"	Fruit	12
	8:30 UCare Exercise			8:30 UCare Exercise		8:30 UCare Exercise	
	10:00 Senior Meeting			9:00 Coffee Club		10:30 Open Rec	
	12:00 Bridge					12:30 Bingo	
	12:00 Bingo			1:00 AARP refresher course			
	14 Portk Steak & Dressing	15	16	call 218-730-4319 to register	18	Ham Dinner Or ALT	19 20
	Fruit				Ĩ	Fresh Fruit	
	8:30 Ucare Exercise			8:30 UCare Exercise		8:30 UCare Exercise	
	12:00 Bridge 12:00 Bingo			9:00 Coffee Club		10:30 Open Rec 12:30 Bingo	
	Pulled Pork Sandwich Fruit	22	23	24	25		26 27
	8:30 Ucare Exercise			8:30 UCare Exercise		8:30 UCare Exercise	
	12:00 Bridge			9:00 Coffee Club	1:00 AARP 1st Time class	10:30 Open Rec	
	12:00 Bingo			1:00 AARP 1st Time class	call 218-730-4319 to register	12:30 Bingo	
				call 218-730-4319 to register			
	28	29	30	1	2		3 4
	8:30 Ucare Exercise 12:00 Bridge 12:00 Bingo					,	